

**The Richmond Hill High School Family Bulletin**  
**Week of May 15, 2023**



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**Superintendent:** Erik Khilji **Trustee:** Crystal Yu

**“If you don’t fail sometimes, you are not being ambitious enough.”**  
**~ Sundar Pichai**

**What’s Happening This Week at RHHS**

This Week	Next Week
<b><u>Monday, May 15</u></b> <ul style="list-style-type: none"> <li>School Council Meeting (7:00 pm)</li> </ul>	<b><u>Monday, May 22</u></b> <ul style="list-style-type: none"> <li>Victoria Day (no school)</li> </ul>
<b><u>Tuesday, May 16</u></b> <ul style="list-style-type: none"> <li>Relay for Life Bubble Tea</li> <li>School Wide Equity Symposium</li> <li>Challah Bake</li> </ul>	<b><u>Tuesday, May 23</u></b> <ul style="list-style-type: none"> <li></li> </ul>
<b><u>Wednesday, May 17</u></b> <ul style="list-style-type: none"> <li></li> </ul>	<b><u>Wednesday, May 24</u></b> <ul style="list-style-type: none"> <li>Music Banquet</li> </ul>
<b><u>Thursday, May 18</u></b> <ul style="list-style-type: none"> <li></li> </ul>	<b><u>Thursday, May 25</u></b> <ul style="list-style-type: none"> <li>Relay for Life</li> </ul>
<b><u>Friday, May 19</u></b> <ul style="list-style-type: none"> <li>Relay for Life Freezie Friday</li> </ul>	<b><u>Friday, May 26</u></b> <ul style="list-style-type: none"> <li></li> </ul>

★ Relay for Life

A promotional poster for the Relay for Life event at Richmond Hill High School. The poster features a collage of photos: students in a hallway, a band performing, a food truck, and a student eating. Text elements include the location 'Richmond Hill HS', the date and time 'May 25th 2:30 - 8:30', and '3rd annual event'. A large QR code is present with the text 'sign up here' below it. The 'Relay for Life' logo is prominently displayed in the center. At the bottom, it states '\$25 REGISTRATION FEE schoolcashonline' and includes the Instagram handle '@rhhsrelay' next to a flower logo.

Richmond Hill HS

May 25th  
2:30 - 8:30

3rd annual  
event

Relay  
FOR  
Life

sign up here

\$25 REGISTRATION FEE  
schoolcashonline

@rhhsrelay

RELAY FOR LIFE IS BACK! We are so excited to announce that Relay for Life will be making its return to RHHS for the third year in a row. Join us Thursday, May 25 from 2:30pm - 8:30pm to honor those who have lost their battle to cancer, those who are still fighting, those who survived and anyone else who has been touched by cancer. This day will be filled with live entertainment, food trucks, competitions and so much more! The registration fee is \$25 and can be paid on School Cash Online. This includes a relay t-shirt, food item, activities and luminary.

CAN'T WAIT UNTIL RELAY? Join us at our fundraising events leading up to event day! Cool off with our Freezie Fridays. Unleash your inner Raider with our Dodgeball Tournament. Sing your heart out at our Karaoke Club Night. Show off your decorating skills at our Cookie Decorating Competition. Quench your thirst with our Bubble Tea Sale. Check out @rhhsrelay for additional details!

HELP US REACH OUR GOAL! RHHS has committed to a fundraising goal of \$15,000! We cannot do it without your help! Funds and donations raised from all Relay for Life events will be donated back to Canadian Cancer Society.

See you all there!

★ **AP Exams**

AP exams are coming up at RHHS and will be running from May 1 to 17. Please see [this schedule](#) for the dates and times of each exam.

★ **End of School Day**

Please have a conversation at home to discuss arrangements for your child(ren) to get home at the end of the school day. Students cannot be in the school unsupervised past 5:00 pm. If you are unable to pick your child up by 5:00 pm, please work with them on learning the transit routes that they can use after school.

Students who are involved in clubs, teams, or repertoire must be picked up at the end of that program. They cannot remain in school beyond the time that they are supervised.

★ **Bike Parking**

Please be advised that the grass cutting for the season has begun. Large equipment is used to cut the grass. Students should be locking their bikes on the bike racks not on the lawn as this prevents the grass from being cut properly.

★ **Parent/Caregiver virtual workshop supporting students of the Tamil Diaspora**

**June 1, 2023 6:00 - 7:30 pm**

Parents and caregivers are invited to join this workshop to learn about supporting their children's academic, emotional and social well-being. The session will provide practical tips to create space for open conversations about mental health and well-being, ways to provide support and resources available through YRDSB and the York region community.

Register here on our [Google Form](#). Link to join will be provided via email following registration.



யோர்க் பிராந்திய மாவட்டப் பாடசாலைச் சபையானது எங்கள் பிள்ளைகளின்  
நல்வாழ்வுக்கு ஆதரவளிக்கின்றது

உங்கள் பிள்ளை, கல்வியிலும் உணர்வு மற்றும் சமூக ரீதியாகவும்  
சிறந்த ஆதரவைப் பெற்றுக்கொள்வதனை  
விரும்புகின்றீர்களா?

\*இது தமிழிலும் ஆங்கிலத்திலும் வழங்கப்படும்

பேச்சாளர்கள்

Nijatha Subramaniam, MSW, RSW - Community Care Team  
- Social Worker for the Tamil Diaspora

Thanara Rajakulendran, M.Sc, M.Psy (Clin.)  
- Psychoeducational Consultant

இதைப் பற்றிக் கலந்துரையாட இணையத்தில்  
எங்களுடன் இணைந்து கொள்ளவும்

- உங்கள் பிள்ளைகளுடன் ஊடாடுவதற்கும்  
இணைந்துகொள்வதற்கும் உரிய உதவிக்குறிப்புகள்
- உங்கள் பிள்ளைகளின் நல்வாழ்வு மற்றும் உணர்ச்சிகளின் நிலை  
மாற்றங்களுக்கு ஆதரவளிப்பதற்கான வழிமுறைகள்
- கல்வி ரீதியாகவும் சமூக ரீதியாகவும் சிறப்பாகச் செயற்பட அவர்களுக்கு  
உதவுவது எப்படி என்பதைக் கற்றுக்கொள்ளல்
- YRDSB மற்றும் யோர்க் பிராந்தியச் சமூகத்தில் இதற்குரிய ஆதாரவளங்கள்  
கிடைக்கும்

ஜூன் 1, 2023 பிப 6:00-7:30 வரை

இங்கேயுள்ள எங்கள்  
[Google](#) படிவத்தில் பதிவு செய்யவும்

பதிவு செய்வதற்கான காலக்கெடு: மே 26, 2023

பதிவுசெய்த பிறகு, இதில் சேர்வதற்கான  
இணைப்பு மின்னஞ்சல் மூலம் வழங்கப்படும்.

கேள்விகள் அல்லது வசதிகள் தொடர்பான  
கோரிக்கைகளுக்குத் தயவுசெய்து  
மின்னஞ்சல் செய்யவும்: [nijatha.subramaniam@yrdsb.ca](mailto:nijatha.subramaniam@yrdsb.ca)







**York Region District School Board**  
**Presents**  
**Supporting Our Children's Well-being**

**Looking to better support your child  
academically, emotionally, and socially?**

\*To be delivered in Tamil and English

**Speakers**

**Nijatha Subramaniam**, MSW, RSW - Community Care Team  
– Social Worker for the Tamil Diaspora

**Thanara Rajakulendran**, M.Sc, M.Psy (Clin.)  
– Psychoeducational Consultant

**Join us virtually to chat about:**

- Tips to engage and connect with your children
- Ways to support your children's well-being and emotional ups and downs
- Learning how to help them do better academically and socially
- Resources available at YRDSB and the York Region community

**June 1, 2023 | 6:00 - 7:30 pm**

Register here on our [Google Form](#)

**Registration deadline: May 26, 2023**

Link to join will be provided  
via email following registration

For questions or accommodation requests  
please email: [nijatha.subramaniam@yrdsb.ca](mailto:nijatha.subramaniam@yrdsb.ca)



★ NURTURING YOUR TEEN'S EMOTIONAL WELL-BEING



**Emily Carr SS presents  
SARA WESTBROOK**

A teen's emotional state affects their performance at school, their relationships and their physical and mental well-being. Emotions can be hard to identify, to move through and hardest of all...to talk about.

**NURTURING YOUR TEEN'S EMOTIONAL WELL-BEING**

**DATE: Tuesday May 23rd**

**TIME: 6:45 - 8:00 pm**

In this presentation, parents and guardians will learn  
**3 Strategies** to help develop:



**Resilience and Emotional Well-Being**

Using the **3 Strategies** with your tee will help them:

- Navigate emotions
- Decrease anxiety and stress
- Strengthen their confidence muscle
- Communicate with empathy, respect & kindness
- Master the skill of making character-based choices

**Register online now**

*'Thank you for an incredible presentation!  
You gave us a sense of honesty, understanding & connection.  
As parents the journey can become rocky & doubtful at times wondering  
if we are doing a good job.'*

As seen and heard on  
Global TV, Sirius XM, Rogers TV, CHCH, CTV

[www.sarawestbrook.com](http://www.sarawestbrook.com)

★ **Celebrating East-Asian Heritage and Commemorating the 100th Anniversary of the Chinese Exclusion Act**

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**Inclusive School and Community Services**

in Partnership with

Catholic Community Service of York Region

Settlement and Education Partnership in York Region

**A Century of Reflection**  
**Celebrating East-Asian Heritage**  
and  
**Commemorating the 100th Anniversary of the**  
**Chinese Exclusion Act**

**Everyone is Welcome!**

Come and join the event to honor East-Asian cultures through art performances, cultural displays, fun activities, and community resources.

Learn the history of East Asian Canadians and celebrate their contributions to the growth and prosperity of Canada.

**Wednesday, May 24, 2023**

**6:00 p.m - 8:00 p.m**

**Richmond Green Secondary School**

1 William F. Bell Pkwy, Richmond Hill, ON L4S 2T9

[Register Now!](#)



For more information, please contact YRDSB Community and Partnership Developers:

**Cynthia Liu** - [cynthia.liu@yrdsb.ca](mailto:cynthia.liu@yrdsb.ca), **Pauline Guo** - [pauline.guo@yrdsb.ca](mailto:pauline.guo@yrdsb.ca)



MUSEUM ARCHIVES



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## Sharing Section

This week RHHS Music presented Sounds of Spring at the Richmond Hill Centre for the Performing Arts. It was a wonderful night that celebrated the culmination of months of hard work by both staff and students. Thank you to Ms. Christopoulos, Ms. Gen, and Mr. Rawlins.



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### ★ Secondary Students COVID Screening:

All school-based staff and secondary students and visitors are required to complete a daily self-assessment screening.

Secondary students to complete on-line self-assessment [COVID-19 School and Child-Care Screening Tool](#) prior to entering the school on a daily basis.

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## School Reminders

Daily School Schedule	
Class	Time
Period 1	8:50 – 10:05
Homeroom/Announcements	10:05 – 10:10
Period 2(1st Lunch)	10:15 – 11:30
Period 3 (2nd Lunch) - Grade 9s	11:35 – 12:50
Period 4 (3rdLunch) - Grade 10s	12:55 – 2:10
Period 5	2:15 - 3:30



### RHHS School Council

Upcoming Dates	Information
<ul style="list-style-type: none"> <li>Monday May 15, 2023</li> </ul>	<ul style="list-style-type: none"> <li>Meetings will be held in the school library and also <a href="#">virtually</a>. The meeting ID is <b>294 102 167 612</b> and the passcode is <b>MLYa4s</b>.</li> <li>Meetings start at 7:00 PM</li> </ul>

### RHHS on Social Media

<ul style="list-style-type: none"> <li><b>TWITTER:</b> <a href="https://twitter.com/rhhs_yrdsb?lang=en">https://twitter.com/rhhs_yrdsb?lang=en</a> (School) <a href="https://twitter.com/rhhs_stuco?lang=en">https://twitter.com/rhhs_stuco?lang=en</a> (Student Council) @RHHSLearningCo1 (Library)</li> <li><b>INSTAGRAM:</b> rhhs_yrdsb (School) rhhs_stuco (Student Council) rhhsllc (Library)</li> <li><b>WEBSITE:</b> <a href="http://www.yrdsb.ca/schools/richmondhill.hs/Pages/default.aspx">www.yrdsb.ca/schools/richmondhill.hs/Pages/default.aspx</a> (School) <a href="http://www.rhhsstuco.ca">www.rhhsstuco.ca</a> (Student Council)</li> </ul>
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### Absence Policy

<ul style="list-style-type: none"> <li><b>VALID ABSENCES</b> include illness, bereavement or family emergency.</li> <li><b>AUTHORIZED ABSENCES</b> include dentist/doctor appointments, driver's test, and court appearances.</li> <li><b>EXCUSED ABSENCES</b> refer to field trips and school sanctioned events. Students are still considered to be at school.</li> <li><b>EXTENDED ABSENCES</b> of three days or more require the completion of a "Special Leave" form at least one week in advance of the leave. This form may be obtained from the Main Office. A parent/guardian signature is required. It is the student's responsibility to catch up on all work missed. <b>DO NOT plan absences or family vacations during culminating and exam periods as the evaluations CANNOT be rescheduled.</b></li> </ul>
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Type of Absence	Parent/Guardian Responsibility
Absent for a Full Day	Phone the school with a valid reason the same day or send a note upon return
Absent for One or More Classes	Phone with valid reason indicating the time of absence or send a note with the student
Leaving Before the End of the Day	Student signs out in attendance office with a note from the parent/guardian
In the Event of an Emergency	Contact the office as soon as possible.

*For safety reasons, students who have signed out must leave the building as they will not be directly supervised*



This reporting feature can be found on our school and Board website. It is meant for 'non-emergency' reporting as it is not monitored 24 hours per day - if a student needs immediate assistance or counseling please contact Kids Help Phone or 911.

You are encouraged to discuss incidents of bullying by other students with your family and a trusted member of staff at the school. Completing a report online is not a substitute for having a discussion with the teacher or Principal. Any incidents involving staff members should immediately be communicated to the Principal or Superintendent of the school and are not to be reported online; any staff reports submitted online will be deleted.

We teach our students that character matters. Every day, students exhibit these positive character traits, and we acknowledge these students in many ways. If you witness a student doing something that exhibits extreme acts of courage, initiative, respect, responsibility, empathy, fairness, honesty, optimism or any other outstanding behaviour, please let us know.

Click on the "Report It" button above for a direct link to the "Report It" site.

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### **Mental Health Newsletters/Tip Sheets for Parents**

[Resources and Newsletter for Mental Health Supports for Parents from YRDSB](#)

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